Figure 1. Flowchart of the sample selection.

530 participants at the follow-up 6-months survey with

complete information

on satisfaction with the FDC

information

Participants diagnosed before 1996: N = 74

456 participants

diagnosed in 1996-2018

Participants without definite diagnosis at the FDC: N =18

438 participants

with a diagnosis of MS or CIS

at the FDC

Participants with PPMS: N = 52

Eligible but no follow-up 6 months survey

294 participants.

Study sample:

386 participants with CIS, RRMS or SPMS.

FDC = first diagnostic consultation, MD = medical doctor, CIS = clinically isolated syndrome, RRMS = relapsing-remitting multiple sclerosis, SPMS = secondary progressive multiple sclerosis, PPMS = primary progressive multiple sclerosis, DMT = disease-modifying treatment.

Table 1. Demographics of the study sample.

|  |  |  |  |
| --- | --- | --- | --- |
| **Variable** | **Levels** | **Study sample** | **Eligible participants without a follow-up 6 months survey** |
| Number of participants |  | 386 | 294 |
| Sex | Female | 292 (75.6%) | 220 (74.8%) |
| Age | Median (IQR) | 46 (38;53) | 43 (34;52) |
| Years since diagnosis | Median (IQR) | 8 (3;14) | 6 (3:12) |
| MS typeat baseline assessment | CIS | 13 (3.4%) | 9 (3.1%) |
| RRMS | 314 (81.3%) | 238 (81%) |
| SPMS | 59 (15.3%) | 34 (11.6%) |
| EDSS proxy at baseline | EDSS 0-3.5 | 323 (83.7%) | 245 (83.3%) |
| EDSS 4-6.5 | 42 (10.9%) | 35 (11.9%) |
| EDSS>=7 | 20 (5.2%) | 10 (3.4%) |
| NA | 1 (0.3%) | 4 (1.4%) |

IQR= Interquartile Range (25%-75% quantiles), CIS = clinically isolated syndrome, RRMS = relapsing-remitting multiple sclerosis, SPMS = secondary progressive multiple sclerosis, EDSS = Kurtzke’s Expanded Disability Status scale.